

# NZMS South Island Short Course Championships



**Friday / Saturday – 23<sup>rd</sup> / 24<sup>th</sup> August, 2019**  
**Jellie Park – Ilam Road, Christchurch**

## **Events Programme**

(Entries Close Friday, 9<sup>th</sup> August 2019)

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### **Session One: Friday PM (Warm-up 5.15pm, racing commences 5.45 pm)**

- 1) 400m IM
- 2) 50m Butterfly
- 3) 200m Backstroke
- 4) 100m Breaststroke
- 5) 800m Freestyle

### **Session Two Saturday AM (Warm-up 9.45am, racing commences 10.15am)**

- 6) 200m Medley Relay – Mixed
- 7) 200m IM
- 8) 50m Freestyle
- 9) 100m Backstroke
- 10) 50m Breaststroke
- 11) 200m Fly
- 12) 200m Freestyle
- 13) 200m Medley Relay – Women
- 14) 200m Medley Relay - Men

### **Session Three Saturday PM (Warm-up 2.15pm, racing commences 2.45pm)**

- 15) 200m Freestyle Relay – Mixed
- 16) 400m Freestyle
- 17) 50m Back
- 18) 100m Fly
- 19) 200m Breaststroke
- 20) 100m Freestyle
- 21) 100m IM
- 22) 200m Freestyle Relay – Women
- 23) 200m Freestyle Relay - Men

## **MEET INFORMATION:**

- \*Competitors may enter a maximum of 6 events (not including relays).*
- \*FINA rules Governing Masters Swimming will apply.*
- \*Swimmers must be financial members of NZMS at time of entry.*
- \*Age groups are determined by age on 31st December 2019.*
- \*The meet is being run by the JASI Swim Club – meet organizer is Jill Perriam  
[admin@jasi.co.nz](mailto:admin@jasi.co.nz)*
- \* Electronic timing will be used at this meet with two timekeepers per lane.*
- \*Over the top starts may apply.*
- \*Medals awarded to 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> in each 5yr age group, based on points aggregate. Ribbons will be awarded in relays to 1st, 2nd, 3rd in each age group and event.*
- \*Medals and ribbons will be presented at the social function on Saturday night.*

## **Entries:**

- \*Online entry: <https://mypage.swimming.org.nz>. Login as per your NZMS credentials. Online entries will auto- populate your time from recent results. If no time is displayed please email Jenny Carpinter for manual entry after submitting your online entry (no additional fees).*
- \*Swimmers unable to enter via their “my page” can use the entry form at the end of this document. Forms are to be forwarded to [jenny\\_carpinter@yahoo.com](mailto:jenny_carpinter@yahoo.com).*
- \* Entries Close Friday, 9th August 2019. No late entries will be accepted.*

## PERSONAL DETAILS

Surname			
First Name			
Postal Address			
Swim Club Name		Swim Club Code	
NZMS Number		Gender M / F	
Home Phone / Mobile		Date of Birth	
Email		Age as at 31 <sup>st</sup> Dec 2019	
Assistance Required	Hearing : Y / N		Pool Exit : Y / N

## SWIM ENTRY DETAILS

Event Number	Event	Record Attempt	Entry Time: (Min : Sec)

## Payment Details

	Fee Payable	Number	Amount Paid
Registration & Entry Fee	\$60		\$60
Saturday Night Function	\$50		
Any dietary requirements:			
TOTAL PAYABLE			
Fees payable to – 02-0865-0281163-003 (JASI Masters Swimming Club)			
PARTICULARS = First Name, CODE = Last Name.			

## Meet Disclaimer

### I acknowledge that by sending in a registration form:

- I declare myself to be fit enough to compete.
- I acknowledge that I am aware of the NZMS Doping Policy and will comply in all respects with it and with the requirements of the NZ Sports Drug Agency and its proposed successor Drug Free Sport NZ.
- The organising committee, officers, agents and members will not be responsible for any claims, proceedings and damage whatsoever and howsoever arising directly or indirectly out of or in connection with my participation in this meet.
- This information is collected by NZ Masters Swimming Inc. and may be forwarded to our sponsors. You have the right to request access to, and correction of this information or to write to the organisers stating that you do not want your name to be passed on to any sponsor
- Your agreement to these conditions is confirmed by the placement of your entry.

Signed: \_\_\_\_\_

Date: \_\_\_\_\_