

DO I HAVE TO COMPETE?

About 20% of Masters swimmers compete in meets on a regular basis. For serious competitors there are numerous opportunities to test skills and conditioning both in open water and the pool.

If competing isn't your style, there's no need to feel pressured. Many Masters swimmers are simply interested in the regular routine of working out. Weekly swimming is often enough.



Jasi Masters

Jellie Park Pool,
Ilam Road, Christchurch

Address for Enquiries:
Secretary@jasimasters.org.nz

Website:
www.jasimasters.org.nz

Fun.....Fitness....Friendship.....

"Swim for Life—Compete for Fun"

JASI MASTERS Swimming Club 2017



Swimming Cost
Pool Entry—public fees apply (better value with a concession card)
Plus Annual JASI membership + lane hire/coaching fees (see inside)

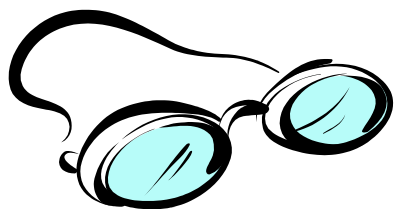
What is Jasi Masters?

Jasi Masters is a mixed bunch of people who all enjoy one thing—having a swim. The aim of Masters is simple—to foster Fun, Friendship and Fitness through swimming. It is up to the individual to decide which one of the three F's is most important to them.

You don't have to be a good swimmer to be part of Jasi Masters. The only pre-requisite for members is to be more than 20 years of age and to have some swimming ability, and to understand lane etiquette.

Coaching is part of our regular sessions and we have a swimming lane that caters for your needs, whether you're just beginning, or are a past National rep.

All you need is your togs, goggles, pull buoy, paddles and a pair of flippers. Swim caps, ear/nose plugs are optional for those who require them. Goggles and caps are available for purchase from the pool reception shop.



Social



Every Sunday morning after our swim, we have a cuppa tea/coffee at the Café at the pool and Tuesday nights we meet for a drink at a local bar.

The Club also organises social activities throughout the year. These include: dinners, barbecues and local Club fun meets.

There is also a chance for the competitive swimmers to test their age group times at various meets around the country, and overseas. These meets are also good social occasions.

Welcome

On behalf of all our Club members a warm invitation is extended for you to come along to one of our sessions and give it a go. Talk to any one of our members or the Coach and we'll make you feel welcome. Listed over are some contacts if you wish to know more. Otherwise, we'll see you at the pool!!

<i>Tuesday night</i>	<i>6.00-7.00pm</i>
<i>Sunday morning</i>	<i>9.00-10.00am</i>

Jasi Masters Swimming Membership Application Form

Names—First and last

Address

City

Contact Phone

Email

Gender: Male/Female

Date of Birth

Membership type: Social or full NZMS
registered (circle one)

Signed

Annual Membership Prices

JASI club membership \$35.00 per annum
Lane hire/coaching (Tue or Sun only—circle one)
\$125)
Lane hire/coaching (Both Tue & Sun sessions)
\$175.00 pa
Optional
NZ Masters membership \$60.00 per annum

Automatic payment to: Account # 02-0865-0281163-000 (please include your name as the payment reference)